

# **ALESSANDRA WALL, PH.D.**

Licensed Clinical Psychologist

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## **EDUCATION**

### **University of Texas Southwestern Medical Center at Dallas**

Doctorate in Clinical Psychology (08/1999 – 05/2004)

APA Accredited Program

Dissertation: The Development of Autonomy in Adolescents with Insulin Dependent Diabetes Mellitus.

Mentor: Sunita Stewart, Ph.D., Dissertation Chair: Carroll Hughes, Ph.D.

### **Duke University**

Bachelor of Arts, Cum Laude (08/1995 - 12/1998)

Major: Psychology, concentration in Developmental Psychology, Minor: History

Honors Awarded: Dean's List, 1997; Deans List with Distinction, 1997; Florence Brinkley International Scholarship, 1998.

## **CLINICAL EXPERIENCE**

### **PsychSanDiego/Wall Psychology APC (07/2006-present)**

Individual Private Practice

*Clinical Psychologist*

Own and operate this full service child, adolescent and adult psychotherapy practice. Specialize in anxiety disorders, mood disorders, eating disorders, behavior modification, and parenting. PsychSanDiego focuses on individual and group therapy with children as young as four, adolescents and adults, using a Cognitive Behavioral Therapy framework.

### **Southern California Seminary (08/2007-present)**

Graduate Psychology Program

*Personality Psychological Assessment*

Provide psychological interviews, psychological testing interpretation and feedback for incoming applicants to the masters and doctoral psychology programs. Data is used in coordination with application documents and interviews to determine candidature.

### **Applied Intervention Methodologies – AIM (04/2007- 07/2007)**

*Direct Services Tutor*

Provided behavioral, educational & psychological services to individuals with Autism Spectrum Disorders and other Developmental Disabilities. Services include in-home, school, and community-based intensive behavioral treatment, applied behavior analysis (ABA), social skills groups, parent training, community in-services, assessments and psychotherapy.

**Psychiatric Centers at San Diego (09/2004- 10/2006)**

Child and Adolescent Center

*Psychological Assistant (09/04-05/06)*

*Clinical Psychologist (05/06-10/06)*

Provided individual and group psychotherapy as well as parenting and psychological assessments, using an eclectic therapeutic approach, with a cognitive behavioral focus for individuals ages five through adulthood. Also performed a large range of psychological testing including ADHD screens, emotional testing, and intelligence testing. Specialization included work with patients suffering from anxiety disorders and eating disorders, behavioral modification, parenting, relaxation therapy and group therapy.

**INTERNSHIP**

APA accredited captive internship and practicum; 3600 hours of hands-on professional experience

**Children's Medical Center of Dallas Psychiatric Day Treatment (08/2002 - 08/2003)**

Conducted individual and group psychotherapy (play therapy, latency and adolescent groups), parent psycho-education, participation in milieu interventions (art therapy, social skills training, multi-family groups) and personality, intellectual and academic assessment.

Supervisor: Lil Deshotel, Ph.D., Denise McCallon, Ph.D., Nicole Caldwell, Ph.D.

**Parkland Health and Hospital Systems (08/2001 - 08/2002)**

**Chronic Pain Management Program**

Conducted structured intake evaluations with psychological testing, didactic training, individual psychotherapy (biofeedback/relaxation training and cognitive-behavioral interventions), co-facilitated a long-term follow-up/support group.

Supervisors: Cindy Claassen, Ph.D., Carla Pulliam, Ph.D.

**Outpatient Psychiatric Clinic**

Administered, scored, interpreted and provided feedback on personality, neuropsychological and intellectual testing with an emphasis on advanced Rorschach and MMPI-II interpretation.

Supervisors: Robert Lovitt, Ph.D., Richard Robinson, Ph.D., Alan Frol, Ph.D.

**Consult-Liaison and Behavioral Management Services**

Conducted intake evaluations, brief psychotherapy, psychological and neuropsychological testing, and assisted in assessing appropriate referral and disposition for the patients.

Supervisors: Cindy Claassen, Ph.D., Richard Robinson, Ph.D., Alan Frol, Ph.D.

**PRACTICUM**

**Dallas County Juvenile Justice System (05/2000 - 08/2001)**

**Henry Wade Juvenile Justice Detention Center**

Conducted intake evaluation, academic, intellectual and personality testing, individual and group counseling (e.g. anger management, social skills, grief-issues, and supportive therapy). Co-led outpatient an at-risk teen girl group and a vocational training group for older long-term male detainees.

Supervisor: Allison Krauth, Ph.D., Desiree Fleming, Ph.D., Monica Jeeter-Johnson, Psy. D.

**Dallas Youth Village**

Provided individual psychotherapy (e.g., social skills, anger management, fostering an understanding and capacity for empathy with victims and other members of the community).

Supervisor: Mary Ponce, Ph.D.

## **PSYCHOTHERAPY TRAINING**

### **Southwestern Psychotherapy Referral Services (05/2000 - 08/2003)**

Provided psychotherapy with individuals presenting with substance abuse, chronic pain, depression, anxiety, adjustment, somatization and personality disorders (Borderline PD, Narcissistic PD, Schizotypal PD, and Obsessive Compulsive PD).

Supervisors: 5/00-9/00 Jean Claude Wakim, Ph.D. (psychodynamic)

9/00-8/01 Steve Krebaum, Ph.D. (cognitive behavioral therapy)

9/01-8/02 Robert Hughes, Ph.D (eclectic, psychodynamic, pediatric)

2/02-8/02 Laurie Bass Wagner, Ph.D. (psychoanalytic)

9/02-8/03 Mark Voeller, Ph.D. (family systems, gestalt, psychodynamic)

### **Parkland Memorial Hospital- Psychiatric Emergency Services (05/2000 - 8/2002)**

Conducted intake evaluations and crisis interventions with patients who has been admitted to the Psychiatric Emergency Room and their families.

Supervisor: Cindy Claassen, Ph.D.

## **RESEARCH EXPERIENCE**

### **Depression and Anxiety Disorders Research Program UTSW (9/2003 - 10/2003)**

**Project IMPACTS** Trivedi, Claassen, Kashner, Kern, Kleiber, Resendez

NIMH funded project evaluating the efficacy and cost effectiveness of computer based algorithms for the psychopharmacological treatment of major depressive disorder.

Research Assistant: screened prospective subjects using the Structure Clinical Interview for the DSM-IV (SCID)

Supervisor: Cindy Claassen, Ph.D.

### **Pediatric Psychiatry Research Department UTSW (8/2001 - 2/2004)**

Timberlawn Psychiatric Research Foundation, Inc. funded project examining the development of autonomy in diabetic youths and the impact of normal development on treatment adherence.

Research Practicum: developed a research project, created a viable work interface with recruiting hospitals, did data entry, data analysis, and trained incoming research assistants.

Supervisor: Sunita Stewart, Ph.D.

### **Girl's Friendship Project - Duke University (03/1998 - 08/1998)**

Putallaz, Coie & Kuppersmidt

Explored the dynamics and processes characteristic of social relationships among middle school girls.

Research Assistant: Interviewed subjects, ran afternoon playgroups, and conducted data transcription.

Supervisor: Mary Putallaz Ph.D.

### **Infant Perception Lab - Duke University (09/1995 – 05/1996)**

Examined infants' perception of boundaries and use of features, physical and experiential information to segregate or find boundaries in the environment.

Research Assistant: Conducted subject recruitment, participated in testing procedures, data coding, and data entry.

Supervisor: Amy Needham Ph.D.

## **PUBLICATIONS/PRESENTATIONS**

Pulliam, C. B., Gajraj, N., Claassen, C., Jenkins, J., Staton, M., Bogard, J., Wall, A. & Brown, P. (2002). *Effects of Interdisciplinary Pain Management on a County Hospital Low Back Pain Population*. International Association for the Study of Pain. 10th World Congress on Pain, San Diego, CA

Stansell, K., Williams, C., Wall, A., Stewart, S., Klein, D., Waller, D., White, P., Emslie G. (2003). *Depressive Symptoms, Depression-Related Cognitions, and Diabetes Care in Adolescence*. American Psychological Association National Convention, Toronto Canada.

Stewart, S., White, P., Klein, D., Wall, A., Williams, C. (2004). *Does Self Reported Adherence Relate to Metabolic Control in Diabetic Adolescents?* American Psychological Association National Convention, Hawaii, USA.

## **FURTHER EDUCATIONAL EXPERIENCE**

Seminar on the theory and the clinical basis of ego psychology (08/2001 - 12/2001)

Seminar on applications of child and adolescent psychology in clinical settings. (6/2003 - 8/2003)

## **CLINICAL INTERESTS**

Child and adolescent psychotherapy: Long and short term therapies including psychodynamic and cognitive-behavioral interventions, outpatient and inpatient treatment, group therapy.

Adult Psychotherapy and Education: Individual and group psychotherapy, seminar and workshops on relaxation and parenting.

Special interest populations: Anxiety, mood disorders, eating disorders and behavioral problems in children and adolescents

## **SPECIAL SKILLS**

Bilingual in English and French, with equivalent reading, writing and verbal language skills.

Intermediate proficiency in speaking, reading and understanding Italian.

Basic knowledge of all major computer programs, including SPSS statistics computer software.

## **PROFESSIONAL ORGANIZATIONS**

American Group Psychology Association

San Diego Psychological Association

## **TEST COMPETENCES**

### Intelligence and Achievement Measures:

Wechsler Adult Intelligence Scale-Third Edition (WAIS-III)

Wechsler Abbreviated Intelligence Test (WAIS)

Wechsler Intelligence Scale for Children-Third Edition (WISC III)

Wechsler Preschool and Primary Scale of Intelligence-Third Edition (WPPSI- III)

Kaufman Brief Intelligence Test (K-BIT)

Wechsler Individual Achievement test (WIAT)

Wide Range Achievement Test- Third Edition (WRAT-III)

Woodcock Johnson Test of Achievement- Third Edition

(WJ-III)

Personality Measures:

Rorschach Inkblot Method (Exner's Comprehensive System);  
Sentence Completion

Minnesota Multiphasic Personality Inventory Second Edition (MMPI-II)  
Minnesota Multiphasic Personality Inventory Adolescent (MMPI-A)  
Personality Assessment Inventory (PAI)  
Millon Multiaxial Inventory Third Edition (MCMI-III)  
Millon Adolescent Personality Inventory (MAPI)  
Millon Adolescent Clinical Inventory (MACI)

Symptom Checklists:

Structure Clinical Interview for the DSM IV (SCID)  
Beck Depression Inventory (BDI-II)  
Beck Anxiety Inventory (BAI)  
Beck Hopelessness Scale (BHS)

Child Depression Inventory (CDI)  
Connors Behavior Checklist; Child Behavior Checklist (CBCL)  
Yale Brown Obsessive Compulsive Scale (Y-BOCS)

Neuropsychological Measures:

Mini Mental Status Exam (MMSE)  
Dementia rating Scale (DRS)  
Wechsler Memory Scale- Third Edition (WMS-III)  
Wisconsin Card Sorting Test (WCST)  
Trail Making Test Parts A & B  
Verbal Fluency Measures (FAS)  
Categories Fluency Measures

Boston Naming Test (BNT)  
California Verbal Learning Test- Second Edition (CVLT-II)  
Hopkins Verbal Learning Test (HVLT)  
Digit Vigilance Test  
Rey Osterrieth Complex Figure Test (Rey-O)  
Clock-Cross Drawing Test  
Conner's Continuous Performance Test –Third Edition

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**REFERENCES:**

Available Upon Request